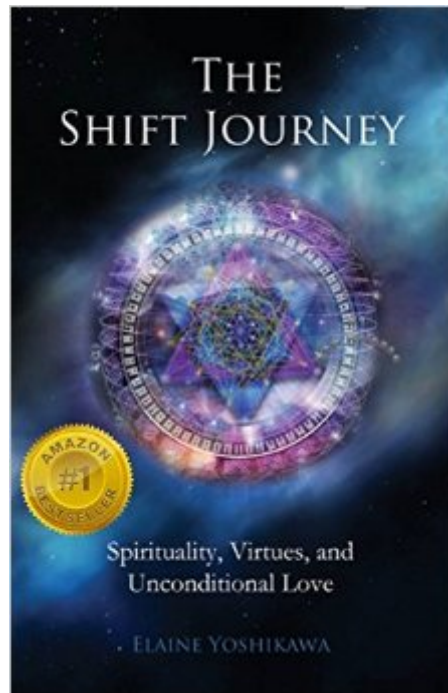


The book was found

The Shift Journey: Spirituality, Virtues, And Unconditional Love



Synopsis

The Shift Journey: Spirituality, Virtue, and Unconditional Love examines Pierre Teilhard de Chardin's claim that you are a spiritual being having a human experience. What does this actually mean and what is required to embody the shift in your life? The author regards this succinctly deep insight as a clarion call to live authentically and with purpose. Authenticity requires acknowledging your deeper soulful nature and the recognition of your soul's unique purpose. The book is organized into three sections: The first section examines the nature of the shift. The author calls the kind of shift Teilhard has in mind a "Perspectival Shift." A comprehensive understanding of the shift requires an examination of the human perspective, the spiritual perspective, and a thoughtful analysis of the difference between the two. Along with setting the intention for creating the spiritual shift, you need a foundation that will sustain the spiritual perspective in daily life. The second section is about creating and maintaining the shift. What is the foundation for a spiritual life? How do you maintain your spiritual bearings in daily life? Here, the author calls upon the ancient Greek philosopher Aristotle to explain the nature of virtues and the notion of living a virtuous and "happy" life. Also, the virtue of genuine compassion is highlighted with practical examples from the Dalai Lama. Spirituality and the virtuous life go hand-in-hand. The third section is devoted to love--the loftiest goal of the spiritual life, and arguably, the most natural life for us, though we may not consciously be aware of it. This section describes the difference between conditional love and unconditional love, and why unconditional love is a necessary quality of character. This book is balanced between a reasoned discourse and an inspirational spiritual account of the kind of life we can aspire to lead: a life of virtue, a life of unconditional love, a life of purpose and meaning, and a life of human flourishing.

Book Information

Paperback: 129 pages

Publisher: Sojourn Publishing (September 17, 2015)

Language: English

ISBN-10: 1627471456

ISBN-13: 978-1627471459

Product Dimensions: 5.5 x 0.4 x 8.5 inches

Shipping Weight: 8.6 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars See all reviews (1 customer review)

Best Sellers Rank: #2,012,634 in Books (See Top 100 in Books) #56 in Books > Christian Books

& Bibles > Theology > Process #108 inÂ Books > Religion & Spirituality > Religious Studies > Psychology & Christianity #14671 inÂ Books > Medical Books > Psychology > General

Customer Reviews

An amazing book. It makes you think! Thanks Professor Yoshikawa for writing it

[Download to continue reading...](#)

The Shift Journey: Spirituality, Virtues, and Unconditional Love Shift Omnibus Edition: Shift 1-3, Silo Saga The Blessing: Giving the Gift of Unconditional Love and Acceptance Unconditional Confidence: Instructions for Meeting Any Experience with Trust and Courage Our Pristine Mind: A Practical Guide to Unconditional Happiness Unconditional Self Acceptance Mother Earth Spirituality: Native American Paths to Healing Ourselves and Our World (Religion and Spirituality) Quaker Spirituality: Selected Writings (Classics of Western Spirituality) Gay Spirituality: The Role of Gay Identity in the Transformation of Human Consciousness (White Crane Spirituality Series) Spirituality In Nursing: Standing on Holy Ground (O'Brien, Spirituality in Nursing) Spirituality In Nursing: Standing On Holy Ground (O'Brien, Spirituality in Nursing) In This House, We Will Giggle: Making Virtues, Love, and Laughter a Daily Part of Your Family Life Aloha: Love, Suite Love/Fixed by Love/Game of Love/It All Adds Up to Love (Inspirational Romance Collection) Love's Unending Legacy/Love's Unfolding Dream/Love Takes Wing/Love Finds a Home (Love Comes Softly Series 5-8) The Ideal Team Player: How to Recognize and Cultivate the Three Essential Virtues: A Leadership Fable Standing for Something: 10 Neglected Virtues That Will Heal Our Hearts and Homes The Enneagram of Passions and Virtues: Finding the Way Home Wake Up America: The Nine Virtues That Made Our Nation Great--and Why We Need Them More Than Ever The Ideal Team Player: How to Recognize and Cultivate The Three Essential Virtues The Little Virtues

[Dmca](#)